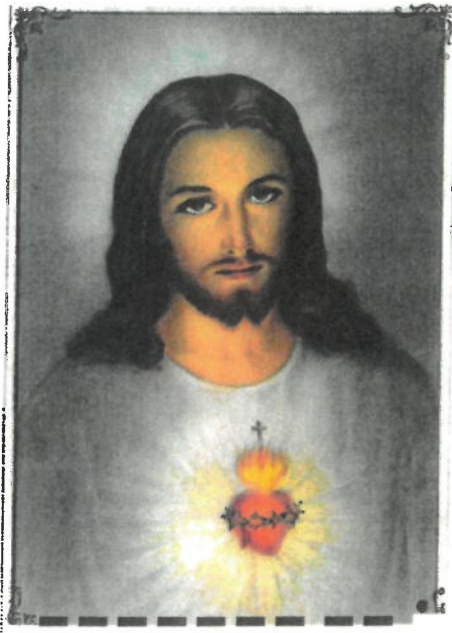


# THE SACRED HEART OF JESUS FIRST FRIDAY

Sacred Heart Devotional Prayers

Two Masses

Adoration & Exposition of the Blessed Sacrament



8:00AM: Sacred Heart Devotional Prayer

8:30AM: Mass

9:00AM-4:45PM: Adoration & Exposition of the  
Blessed Sacrament on the church's main altar

7:00 PM: Mass

St. Frances Cabrini Parish

15333 Woodard Rd., San Jose, CA 95124

## THE NINE FIRST FRIDAYS

“I promise you, in the excessive mercy of my Heart that my all powerful love will grant to all those who receive Holy Communion on the first Friday for nine consecutive months, the grace of final repentance; they shall not die in my disgrace nor without receiving the sacraments; my divine Heart shall be their safe refuge in the last moment.” - *Our Lord to St Margaret Mary Alacoque*

First Friday's Devotion:

- Receive holy communion on nine consecutive first Fridays.
- Have the intention of honoring the Sacred Heart of Jesus.
- Offer each holy communion as an act of atonement.