



Italian Catholic Federation Branch 191 NEWSLETTER



Happy St. Patrick's Day

MARCH CALENDAR DATES TO REMEMBER

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| March 14, 2021 | Day Light Savings |
| March 17, 2021 | St. Patrick's Day |
| March 19, 2021 | St. Joseph Spouse of Blessed Virgin Mary |
| March 20, 2021 | First Day of Spring/ Earth Day |
| March 24, 2021 | National Chocolate Covered Raisin Day |
| March 28, 2021 | PALM SUNDAY |
| March 29, 2021 | Start of Holy Week |
| March 30, 2021 | Take a Walk in the Park Day |
| March 30, 2021 | National Crayon Day |
| April 1, 2021 | April's Fools Day |
| April 2, 2021 | Good Friday |
| April 4, 2021 | Easter |



March President's Message,



As we roll into March I feel there is a light at the end of the tunnel or is there a light over the rainbow? Hopefully everyone is getting their vaccines and we are moving forward. Hopefully when the warmer weather arrives, we can get to see some smiley faces! Let's do our general meeting at a park, everyone brings a bag lunch and a chair and we can enjoy the sunshine and of course each other!! I know there are a lot of hopefuls but that's all we got right now and I'm excited for it!

Thank you to all who helped support our Blue Rock fundraiser. We did very well for not having to do much but enjoy a nice meal we didn't have to cook. Don't forget about our Easter Lily fundraiser, the deadline is March 22th.

I have been watching the new series on CNN called Stanley Tucci, "Searching for Italy", it's so good and yummy! I've been inspired by him that I've made homemade pasta and last weekend I made a tripe! Yes! I said tripe. It was so delicious and smelled just like my Grandma's. I've never made it by myself before and it took me 7 hours to cook. I'm pretty sure my nephews who are in their early 20's could have done without that experience in their lives but they were good sports about it! You have to watch it. I want to quit my job and travel around Italy searching for food. In fact I think I'll take Stanley Tucci's job.

With St. Patrick's Day coming up I will be cooking corn beef and cabbage, I know my nephews will love that. St. Joseph's Table is right around the corner so let's do a "Social Meeting" and enjoy special treats and coffee via Zoom. Hope to see more people join us because it's super fun and I tell pretty good jokes that George Midwin really enjoys!!!!

Miss you all! Keep the faith we are almost there!! Hugs to all!

We Got This!!

Your President

Debbie





Blue Rock Fundraiser was a success. We made \$262.72 from eating some yummy food and we did not have to do the dishes afterwards.

MARCH GENERAL ZOOM MEETING

"Social Meeting" via Zoom Wednesday March 24th to celebrate St. Joseph's Table at 6:30 PM. Prepare yourself a special treat to have with coffee or tea to enjoy while getting reacquainted with members . I promise a fun evening with prayer, trivia, jokes and story telling.

I am looking forward to seeing you there!

Debbie

Hello fellow Christians,

During this time of Lent may we continue to reflex and pray for those affected by illness and the virus as well as those dearly departed members. It has been a trying time but God always prevails.

While we stay inside or in our back yards may I recommend a few books to consider reading during your Lenten spiritual journey "Jesus and the Dead Sea Scrolls" by John Bergsma, "26 Champions of the Rosary" by Donald H Callo-way, MIC, "Listening for God" by Theresa Tomeo. I try to read one spiritual book or the Bible during this Lenten time. Praying for all our members and wishing many Blessings!
Sincerely in Christ,
Julie

PRAY FOR OUR SICK MEMBERS

Please pray for the soul of Tom Howden. May he Rest In Peace.



FUN FACTS OF ITALY

St. Joseph's Table originated from Sicily and dates back to the middle ages. There was a great drought and the people of Sicily prayed to St. Joseph asking him to bring rain. Afterwards they had a huge feast to celebrate the wonderful rain.

JUST FOR FUN !!!

1. Where can you always find gold?
2. Where do Leprechaun's buy their groceries?

1. In a dictionary
2. At Rainbow Foods



Easter Lily Sales

Thank you to all who have ordered your Easter Lilies. Sales are going well. If you haven't ordered yours yet, there is time. All orders must be in by March 22, 2021. Plants are \$20.00 each and will be delivered to you on March 28, 2021. If you have any questions you may call me at 408-266-7364.

God Bless and Happy Easter,
Jo Bertaccini



FOR YOU ENTERTAINMENT

Stanley Tucci "Searching for Italy", New episodes of **Stanley Tucci: Searching for Italy** air on Sunday nights at 9 p.m. ET on CNN. If you have a TV, you can tune in via the CNN channel. Otherwise, you can grab your laptop and watch from the [CNN website](#) after signing in with your TV provider login. The network is also available through streaming services like [YouTube TV](#), [Hulu + Live TV](#), [AT&T TV](#) and [Sling TV](#).



HERITAGE

ST. JOSEPH TABLE OR SAN GIUSEPPI TAVOLA

St. Joseph was the husband of Mary, Mother of Jesus. Usually some one who is ill or has had an accident or miss fortune will make a promise to St. Joseph that is they are cured they will offer an Alter to St. Joseph and have a table set up in their home or in a hall. The feast is shared with everyone even the poor.

The Alter is laid out with the finest linens and decorated with flowers and lemons and oranges. Their is a statue of the Holy Family, Joseph, Mary and Jesus. The Alter is made in the sign of the cross. Their are three large breads for food for the Holy family.

The children who attend are feed first and the three children who represent the Holy Family are required to taste all the foods laid out on the table. The food should be meatless because it is lent.

A Sicilian tradition is to give everyone who attends the feast a single fava bean. Traditions says with one single bean you can never go broke nor will you go home hungry. Until a few years ago the feast of San Giuseppe was a National Holiday in Sicily. today it is optional to celebrate. In America Sicilians still celebrate St. Joseph day on March 19 and set up a tavola with and abundance of fish, pasta, vegetables, fruit and pastries and special baked breads. The breads can be in the shape of a lambs, crosses, angels, or wreath. The Priest blesses the entire offering before any one partakes of the food.

May the strength of God pilot us, may the wisdom of God instruct us, may the hand of God protect us, may the word of God direct us. Be always ours this day and for evermore ~ St. Patrick