

SAINT FRANCES CABRINI PARISH

Our Mission: Worship God • Love Others • Make Disciples • Educate the Young

Fourteenth Sunday in Ordinary Time



July 5th, 2020

Pastor:

Rev. Joe Galang

revpastor2019@sfcabrini.org

Parochial Vicar:

Rev. Gabriel Lee

frlee@sfcabrini.org

Assisting Clergy:

Rev. Paul Soukup, S.J.

Fr. Dan Urcia

**JOIN US FOR MASS
ONLINE @ SFC**

**SATURDAYS @ 5:00 PM
& SUNDAYS @ 11:00 AM**

LIVE ON FACEBOOK



OUTDOOR MASS SCHEDULE

8:30 am Everyday*

* See inside for location and guidelines



RECONCILIATION (CONFESSION)

By appointment only. Please contact the priest directly.

BAPTISM

Please contact Joan Schenck at jschenck@sfcpschool.org for the paperwork and to arrange for a preparation class and date.

MARRIAGE

Couples must contact the priest they wish to witness the sacrament at least six months prior to the proposed date of the wedding.



Saint Frances Cabrini Parish

15333 Woodard Rd. San Jose, CA 95124

Parish Office Phone: 408-879-1120

Emergency Phone/anointing:

408-912-0440

www.sfcabrini.org

E-mail: parish_office@sfcabrini.org



Saint Frances Cabrini School

15325 Woodard Rd. San Jose, CA 95124

School Office Phone: 408-377-6545

www.sfcpschool.org

twitter.com/sfc_sj, or

Instagram @sfcpschool_sj

"I can do all things through Christ who strengthens me." ~ Philippians 4:13

*"Come to me, all you who labor and are burdened,
and I will give you rest." — Matthew 11:28*

MASSSES AT ST. FRANCES CABRINI

Mass intentions will be said in private by our priests.
We are not accepting new Mass intentions at this time.

SATURDAY, JULY 4 | SATURDAY IN THE THIRTEENTH WEEK IN ORDINARY TIME

Day: Am 9:11-15; Ps 85:9ab, 10-14; Mt 9:14-17

Vigil: Zec 9:9-10; Ps 145:1-2, 8-11, 13-14; Rom 8:9, 11-13; Mt 11:25-30

8:30 am All Parishioners

5:00 pm All Parishioners

SUNDAY, JULY 5 | FOURTEENTH SUNDAY IN ORDINARY TIME

Day: Zec 9:9-10; Ps 145:1-2, 8-11, 13-14; Rom 8:9, 11-13; Mt 11:25-30

8:00 am Carmin Bustillos

9:30 am People of the Parish

11:30 am Jose Mendes

1:00 pm Assyrian Mass

5:30 pm All Parishioners

MONDAY, JULY 6 | MONDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Hos 2:16, 17b-18, 21-22; Ps 145:2-9; Mt 9:18-26

8:30 am All Parishioners

TUESDAY, JULY 7 | TUESDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Hos 8:4-7, 11-13; Ps 115:3-10; Mt 9:32-38

8:30 am Carmel Ross

WEDNESDAY, JULY 8 | WEDNESDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Hos 10:1-3, 7-8, 12; Ps 105:2-7; Mt 10:1-7

8:30 am All Parishioners

THURSDAY, JULY 9 | THURSDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Hos 11:1-4, 8e-9; Ps 80:2ac, 3b, 15-16; Mt 10:7-15

8:30 am Priests and Religious Vocations

FRIDAY, JULY 10 | FRIDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Hos 14:2-10; Ps 51:3-4, 8-9, 12-14, 17; Mt 10:16-23

8:30 am Jose Mendes

SATURDAY, JULY 11 | MEMORIAL OF SAINT BENEDICT, ABBOT

Day: Is 6:1-8; Ps 93:1-2, 5; Mt 10:24-33

Vigil: Is 55:10-11; Ps 65:10-14; Rom 8:18-23; Mt 13:1-23 [1-9]

8:30 am All Parishioners

5:00 pm All Parishioners

SUNDAY, JULY 12 | FIFTEENTH SUNDAY IN ORDINARY TIME

Day: Is 55:10-11; Ps 65:10-14; Rom 8:18-23; Mt 13:1-23 [1-9]

8:00 am All Parishioners

9:30 am People of the Parish

11:30 am All Parishioners

1:00 pm Assyrian Mass

5:30 pm All Parishioners

JOIN US FOR MASS ONLINE @ SFC
SATURDAYS @ 5:00 PM & SUNDAYS @ 11:00 AM
LIVE ON FACEBOOK

IMPORTANT UPDATE: New Guidelines and Protocols at St. Frances Cabrini Parish

Effective June 15, 2020: New Guidelines and Protocols for Outdoor Religious Gatherings as per the Santa Clara Public Health Department and the Diocese of San Jose with a maximum limit of 25 persons in attendance.

Holy Mass: Everyday (Monday – Sunday) at 8:30 am
to be held in front of the Parish Center/ Parking Area:
maximum of 25 persons.

Live-streamed Holy Mass on Facebook will continue on Saturday at 5:00 pm and Sunday at 11:00 am (private/no attendees.)

Bishop Oscar Cantú has extended the dispensation from the obligation to attend Mass; it remains in effect during this time for all Catholics in the Diocese of San Jose.

Protocols for Mass at SFC:

- Please observe social distancing at all times.
- Use face coverings at all times throughout the duration of Mass.
- Please avail of hand sanitizer and other disinfectants.
- Stay at your designated space throughout the duration of Mass.
- Seniors citizens, all persons 65 years and older, are asked to stay at home.
- Parishioners with existing compromised health conditions are asked to stay at home.
- If you have persistent cough or have a high temperature, please stay at home or seek professional medical advice and action.
- Families with little children (infants, toddlers, and children with compromised medical conditions) are asked to stay at home.

We are still awaiting further directives for the celebration of the other sacraments. The church building and the parish office are still closed at this time pending further directives from the Diocese of San Jose and Santa Clara County Health Department.

— Fr. Joe, SFC Pastor

Make A Spiritual Communion

A spiritual communion is different from an actual or sacramental communion, in which we receive the Real Presence in the consecrated Host and Precious Blood. A spiritual communion is a devotion that we can initiate on our own, either inside or outside of holy Mass. We can make a spiritual communion at any time and in any place, as long as we approach the devotion with "renewed faith, reverence, humility and in complete trust in the goodness of the divine Redeemer" and are "united to him in the spirit of the most ardent charity," according to Pope Pius XII's encyclical *Mediator Dei* (The Sacred Liturgy). In spiritual communion, we embrace Our Lord as if we had actually received him in the Eucharist.

We certainly can make a spiritual communion extemporaneously, but formulated prayers can be very helpful, especially when our concentration is being tried by the busyness of life. Here is a suggestion:

Act of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you have already come and unite myself wholly to you. Never permit me to be separated from you. Amen.

— St. Alphonsus Liguori

THIS WEEK AT CABRINI — JULY 6TH — JULY 13TH, 2020

ALL activities on this campus are cancelled until further notice.

Letter from Bishop Oscar Cantú: 6/5/2020

Dear Clergy, Religious, and Faithful of the Diocese of San Jose,

The Coronavirus pandemic, in many ways, has been devastating. Many of us have lost loved ones and neighbors, millions have lost jobs, the means of their livelihood, and many of us live with the fear of infection with this deadly virus.

Because of our concern for the lives and wellbeing of all persons, especially for the most vulnerable to this virus, we suspended public worship beginning mid March. Our concern throughout this time has been twofold: the safety and wellbeing of all, especially the elderly and health compromised, and the continued spiritual nourishment of the faithful. Although we continued to reach out to our faithful in safe, distanced, manners, we have all longed to worship together, again, in person.

After discussion with and consensus among our pastors and the Council of Priests, parishes and chapels in **the Diocese of San Jose may resume public worship outdoors beginning on Monday, June 15, 2020.**

We will follow the directives of the Santa Clara County Public Health Officer, who at this time is permitting outdoor worship in groups no larger than 25 persons. We will insist that all persons over the age of six attending these in-person celebrations wear face coverings, practice physical distancing of six feet between non-family members, and sanitize their hands when entering the worship space and immediately before receiving Communion.

It is essential that our in-person worship not be the cause of further outbreaks of infection, and so we will insist on these safety measures. If infection rates and hospitalizations do not spike, then we can expect the limitations on numbers and place of worship to be modified in due time.

I ask the faithful to follow specific instructions from their parish regarding Mass schedules and how to participate in in-person liturgies. **The general dispensation from the obligation to attend Sunday Mass remains in effect for all Catholics in the Diocese of San Jose until further notice.**
Parishes will continue to livestream Masses.

Let us pray for each other. Let us practice charity toward each other. And let us practice moral responsibility for each other's safety, especially the vulnerable.

*Yours in Christ,
Most Rev. Oscar Cantú
Bishop of San Jose*

What to Expect When In-Person Masses Return to Church

For the latest information from the Diocese of San Jose concerning what to expect when in-person Masses return to church buildings, go to: www.dsj.org/coronavirus/return-to-in-person-masses

Stay Connected to SFC Online

In these current times, it is more important than ever to stay connected to SFC online. Please read our web site, "Like" us on Facebook, and follow us on Instagram.

On Facebook:

Saint Frances Cabrini Parish, San Jose, CA

On Instagram: [sfcabrini_sj](https://www.instagram.com/sfcabrini_sj)

Our web site: www.sfcabrini.org



ADA2020

ANNUAL DIOCESAN APPEAL

ADA Pledges Matter to Us

Please help with our annual ADA.

Go online at givecentral.org/dsj2020
or send in the mail to SFC or drop off in the mail slot.

SFC Parish Office Update

The parish office is here to serve our parish community to best of our ability in order to get you the information you need. For questions about Faith Direct online giving or Sunday envelopes, please call **Sue Butler** at **408-879-1120 Ext. 18**. For baptisms or religious education questions, call **Joan Schenck** at **408-879-1120 Ext. 14**. For new parishioner registration or questions on your existing registration, call **Maile Figone** at **408-879-1120 Ext. 24**. For parish facilities, to request a mass intention or sacramental record, call **Jean O'Connell** at **408-879-1120 Ext. 20**.

As always, our latest weekly bulletin can be found online. We welcome you to visit www.sfcabrini.org. The three gold bells that precede a link on the home page is where you will find details on the latest mandates regarding the COVID-19 virus. For Santa Clara County Health Department updates, go to www.sccgov.org/cv19.



Let Us Pray...

Let us pray for the people in our parish community who are homebound, sick, recovering, or are confined to rest homes, that Jesus be their strength and comfort.

This week we especially pray for **Ryan Mills, Christina Vodika, Josie Hernandez, Alicia Carrillo, Logan Habicht, Freida Flocchini, Adrienne Mackey, Audrey Nicholas, Jim Tkach, Pat Boorn, Charlie Schenck, Julie Wright, John Smith, David Arena, Terry Lanier, Sue Coffaro, William Bebla, John Mackey, Minerva Ramsey, Joan Kolokowski, Sam Ajam, Jim O'Connell, Scott Reno, Madeline Cannon, Maria Ventura, and George Midwin.**

Please keep them and their families in your prayers. Names are placed for eight weeks. To place a name on this list or if you see that you or a loved ones' name has been taken off and would like it placed back in "Let Us Pray" again, please contact Sue at 408-879-1120 Ext.18.

Collections Still Needed

Your weekly contributions are still very much needed at this time. Please send your envelope to the parish office via USPS or drop it in the mail slot by the parish office door. Use the church-provided envelopes for your contributions and please do not alter the envelopes by cutting them apart. For special collections, please make a second separate check payable to "St. Frances Cabrini Church" with the recipient of the collection written in the memo line. Your kindness is appreciated.

Giving with Faith Direct Helps

Thank you so much for the great response to signing up for FaithDirect. For those who haven't, please consider online giving.

Visit our parish website, click the "Donate Online" icon link at the bottom right of the screen, and log into your online giving account. Please let Sue Butler know if you would like to stop getting the regular Sunday envelopes mailed to you.

Guadalupe Hope Society Virtual Rosary and Faith Talk

Join us on **July 10th at 11:30 am** as **Fr. Arthur Yabes from Church of the Resurrection**, will lead us in a Rosary for the unborn and give a reflection on "All are Worthy of Dignity." This is a virtual event that will take place on Zoom. Space is limited — so reserve your spot today!

Register at www.guadalupehopesociety.org or call **408-447-5433**, or email admin@ghswomenscenter.com

Weekly Collection

Please see next week's bulletin for updated collection numbers.

SFC Outreach to Reach Out

"To be of service is to become bigger than the way we normally see ourselves. Our attention shifts. We set aside our preoccupation with ourselves and turn our focus outwards, towards others."

SFC's Outreach to Reach Out has been doing just that. As long as the needs of our parish community exist, we will be there to help. Our Outreach program has been busy this month!

We thank our SFC school families who graciously helped restock our St. Vincent dePaul (SVdP) food pantry. Because of the schools ongoing efforts to stock the pantry, our outreach program is able to bag groceries needed for the surrounding community.

A special shout out to the **Gamez family** who with the help of **Blue Rock BBQ** on June 1st, provided 50 meals to the LifeMoves program in San Jose. LifeMoves shelters mothers and their children, working with them to find solutions to homelessness. With the generous donation from the Gamez family we were also able to partner once again with **Double D's of Los Gatos** the following day to provide an additional 90 meals to a local foster care program. Thank you Blue Rock BBQ! Thank you Double D's!

SFC's SVdP Outreach continues to help with groceries. If you know of families in need, please call SVdP. If you are able to donate to sustain this important ministry of serving those during these difficult times, reach out! Call SFC's SVdP Outreach at **408-412-1926** or email sfcsvdp@gmail.com if you are in need of groceries or if you can help us with a donation to provide groceries.

We are here to help!
Stay safe, Stay connected!

Check Out EWTN for Mass Daily

Make a spiritual communion via televised Mass, that air every day on EWTN!

Check your local listings. For Mass times in your part of the world, go to bit.ly/EWTNtv

Livestreamed Masses from DSJ

Please join us for our livestream of Mass on Sundays. See the Diocese of San Jose Facebook page or website for times.

Recordings of these Masses will also be available on our website at www.dsj.org/vlog

We also have a listing of other livestream and recorded Masses available at www.dsj.org/vlog/live-stream-video-mass-list/

Religious Education News

By Joan Schenck, DRE • jschenck@sfcschool.org

Happy 4th of July! It sure is a different one than we have ever had before! Since parades in the streets were cancelled you could see two of them online. The Blue Star Moms were in the annual Morgan Hill Parade, and the Rose, White and Blue Parade will be on their Facebook page. Get out the BBQ in your backyard and have a nice time with your family. Just remember your social distance and mask rules if you invite anyone else over. A shout out to all the new recruits in boot camp and thanking them for defending our flag!

Our Pastor, Fr. Joe, and I have been talking weekly about how we can celebrate the Sacraments of First Holy Communion and Confirmation for the students who have prepared already in 2019 – 2020, starting hopefully in September inside the Church with smaller groups and be safe.

You can see updates in this bulletin and on the www.dsj.org website. Thank you for your patience and prayers. Stay Safe, Mrs. Schenck

Food Assistance is Available

The Diocese of San Jose, Catholic Charities of Santa Clara County, and Second Harvest Food Bank of Silicon Valley has teamed up to provide weekly food assistance at drive-through sites located at several area churches. No registration needed beforehand as it will be done on site.

For a list distribution dates and sites, call **1-800-984-3663** or visit www.catholiccharitiesscc.org/covid19-information.



Formed.org Pick of the Week: "Is God Really Real?"

There are nagging questions we've all asked: Does God exist? If he does, then why does he allow humans to suffer? What does faith have to do with anything? The questions have answers. And this study will uncover them. This nineteen minute video is presented by Chris Stefanick.

If you haven't yet explored Formed.org, it is easy to use. Go to **formed.org**, click on "*I belong to a parish/organization*" and find our church by typing "*St. Frances Cabrini San Jose, CA*", add your name and e-mail, and you will be set! As a gift from St. Frances Cabrini Church, there is absolutely no cost to you!

THE VALLEY CATHOLIC

While the print edition of *The Valley Catholic* is temporarily suspended, we invite you to explore these other avenues to help us stay informed and connected as Catholics.



DIOCESE OF
SAN JOSE

STAY CONNECTED



Read news Online
tvc.dsj.org



Visit our website
www.dsj.org



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Diocese of San José



Follow us on Twitter
[@DioeceseSanJose](https://twitter.com/DioeceseSanJose)



Follow us on Instagram
[@DioeceseSanJose](https://www.instagram.com/DioeceseSanJose)

St. Frances Cabrini Bulletin Submission Due Dates

To ensure publication, e-mail your submissions to sfcbulletin@gmail.com 7 – 10 business days prior to the Sunday you wish to see your request or event in the bulletin. All requests for announcements should have prior approval from the Pastor.

Information about parishes, schools, programs, events, jobs, ministries and more!

PARISH MINISTRIES AND CONTACTS

LITURGICAL MINISTRIES

ALTAR SERVERS

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ALPHA

Alicia Morales (408) 857-0523

CURSILLO

Cathy Campbell (408) 313-1128

Alicia Morales (408) 857-0523

MARRIAGE ENRICHMENT / DATE NIGHT

Chris & Ann Aguilar..... (408) 356-7642

RESPECT LIFE

Anthony and Joann Allegretti..... (408) 472-5169

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

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RELIGIOUS EDUCATION & YOUTH MINISTRY

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Dave & Sue Keller (Evening Study)..... (408) 879-1120

CABRINI YOUNG ADULTS

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PARISH LIFE

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SECRETARY

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VICE PRINCIPAL

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Debbie Casey..... (408) 209-9297

SCHOOL ADVISORY COUNCIL

Tim Nguyen (408) 377-6545

Join us @ St. Frances Cabrini Parish!

It's easy to register and stay up-to-date at SFC!

Fill in the information and drop this form into the collection basket. If needed, a registration form will be mailed to you.

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL: _____

HOME PHONE: _____ CELL: _____

CHECK BOX IF UPDATING CONTACT INFORMATION: ☐