

SAINT FRANCES CABRINI PARISH

Our Mission: Worship God • Love Others • Make Disciples • Educate the Young

Twenty-ninth Sunday in Ordinary Time



October 18th, 2020

Pastor:

Rev. Joe Galang
revpastor2019@sfcabrini.org

Parochial Vicar:

Rev. Gabriel Lee
frlee@sfcabrini.org

Assisting Clergy:

Rev. Paul Soukup, S.J.

**JOIN US FOR MASS
ONLINE @ SFC**

**SATURDAYS @ 5:00 PM
& SUNDAYS @ 11:00 AM**

LIVE ON FACEBOOK



OUTDOOR MASS SCHEDULE

8:30 am Everyday*

* See inside for location and guidelines



RECONCILIATION (CONFESSION)

By appointment only. Please contact the priest directly.

BAPTISM

Please contact Joan Schenck at jschenck@sfc.school.org for the paperwork and to arrange for a preparation class and date.

MARRIAGE

Couples must contact the priest they wish to witness the sacrament at least six months prior to the proposed date of the wedding.



Saint Frances Cabrini Parish
15333 Woodard Rd. San Jose, CA 95124
Parish Office Phone: 408-879-1120
Emergency Phone/anointing:
408-912-0440
www.sfcabrini.org
E-mail: parish_office@sfcabrini.org



Saint Frances Cabrini School
15325 Woodard Rd. San Jose, CA 95124
School Office Phone: 408-377-6545
www.sfc.school.org
twitter.com/sfc_sj, or
Instagram @sfc.school_sj

"I can do all things through Christ who strengthens me." ~ Philippians 4:13

*“Repay to Caesar what belongs to Caesar,
and to God what belongs to God.” — Matthew 22:21*

<p>MASSES AT ST. FRANCES CABRINI</p> <p>Mass intentions will be said in private by our priests. We are not accepting new Mass intentions at this time.</p> <p>SATURDAY, OCT 17 MEMORIAL OF ST. IGNATIUS OF ANTIOCH</p> <p>Day: Eph 1:15-23; Ps 8:2-3ab, 4-7; Lk 12:8-12 Vigil: Is 45:1, 4-6; Ps 96:1, 3-5, 7-10; 1 Thes 1:1-5b; Mt 22:15-21 8:30 am - IN-PERSON MASS All Parishioners 5:00 pm - ONLINE MASS Earl Oliver</p> <p>SUNDAY, OCT 18 TWENTY-NINTH SUNDAY IN ORDINARY TIME</p> <p>Day: Is 45:1, 4-6; Ps 96:1, 3-5, 7-10; 1 Thes 1:1-5b; Mt 22:15-21 8:30 am - IN-PERSON MASS Norb Heinen † 11:00 am - ONLINE MASS All Parishioners</p> <p>MONDAY, OCT 19 MEMORIAL OF SAINTS JOHN DE BRE'BEUF & ISAAC JOGUES</p> <p>Eph 2:1-10; Ps 100:1b-5; Lk 12:13-21 8:30 am - IN-PERSON MASS Samantha Butler</p> <p>TUESDAY, OCT 20 TUES OF THE TWENTY-NINTH WEEK IN ORDINARY TIME</p> <p>Eph 2:12-22; Ps 85:9ab-14; Lk 12:35-38 8:30 am - IN-PERSON MASS Margsaret Ann Clifton †</p> <p>WEDNESDAY, OCT 21 WED OF THE TWENTY-NINTH WEEK IN ORDINARY TIME</p> <p>Eph 3:2-12; Is 12:2-3, 4bcd-6; Lk 12:39-48 8:30 am - IN-PERSON MASS All Parishioners</p> <p>THURSDAY, OCT 22 THURS. OF THE TWENTY-NINTH WEEK IN ORDINARY TIME</p> <p>Eph 3:14-21; Ps 33:1-2, 4-5, 11-12, 18-19; Lk 12:49-53 8:30 am - IN-PERSON MASS All Parishioners</p> <p>FRIDAY, OCT 23 FRIDAY OF THE TWENTY-NINTH WEEK IN ORDINARY TIME</p> <p>Eph 4:1-6; Ps 24:1-4ab, 5-6; Lk 12:54-59 8:30 am - IN-PERSON MASS All Parishioners</p> <p>SATURDAY, OCT 24 SAT. OF THE TWENTY-NINTH WEEK IN ORDINARY TIME</p> <p>Day: Eph 4:7-16; Ps 122:1-5; Lk 13:1-9 Vigil: Ex 22:20-26; Ps 18:2-4, 47, 51; 1 Thes 1:5c-10; Mt 22:34-40 8:30 am - IN-PERSON MASS All Parishioners 5:00 pm - ONLINE MASS All Parishioners</p> <p>SUNDAY, OCT 25 THIRTIETH SUNDAY IN ORDINARY TIME</p> <p>Day: Ex 22:20-26; Ps 18:2-4, 47, 51; 1 Thes 1:5c-10; Mt 22:34-40 8:30 am - IN-PERSON MASS All Parishioners 11:00 am - ONLINE MASS All Parishioners</p>

Act of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you have already come and unite myself wholly to you. Never permit me to be separated from you. Amen.

— St. Alphonsus Liguori



A Statement from Bishop Cantú: 10/5/2020

I am thankful to God that the pandemic conditions have improved such that our parishes may soon be able to celebrate Masses inside our church buildings when Santa Clara County enters the Orange Tier (Tier 3). We must all remain vigilant against the coronavirus pandemic and practice all the safety precautions to which we've become accustomed for the sake of the most vulnerable among us. Our parishes will continue to abide by public health orders by following capacity restrictions and mandating robust cleaning protocols, social distancing, and facial coverings. To continue to protect the most vulnerable among us, the dispensation from the obligation to attend Sunday Mass is still in effect, and parishes will continue to livestream Masses. Let us continue to pray for all suffering from the pandemic and its aftermath.

REBOOT! with Chris Stefanick is Rescheduled & Coming to San Jose in Fall 2021

Let internationally-renowned speaker and author Chris Stefanick help you *rediscover* God, and *rediscover* the life you were made for. REBOOT! is the fun, inspiring, and practical experience for all (ages 12 and up), of applying the beauty and genius of the Gospel to every aspect of your life, from prayer and spirituality, to work, dating, marriage, parenting, health and more!

REBOOT! is back on the calendar for **Sept. 22nd, 2021**. That's a year from now, so mark your calendars! All tickets from the postponed Spring 2020 event will be honored at the new date. God didn't create us to just get by: He created us to live life to the full.

For more information or to GET YOUR TICKET (limited seating is available), e-mail **Kristie Manning** at kristie.manning@dsj.org or call at **408.253.7560 x 104**.

Tickets are just \$25 and includes all event materials and take-away items.

Becoming Catholic (through the Rite of Christian Initiation for Adults)

Are you interested in becoming Catholic? Or, a Catholic who wishes to receive Confirmation and/or First Eucharist? Or, interested in helping someone you know become fully initiated in the Catholic faith?

Our parish offers an opportunity to come together in a small group to learn more about our faith. Sessions will focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights and your faith story in a warm, welcoming setting. Sessions have begun via Zoom, **Tuesday evenings*** with an informal inquiry period.

For additional information/enrollment, contact **Tim Van Overen** at RCIA@sfcabrini.org.

* We will transition to in person meeting when we can, per the Santa Clara County health guidelines.

THIS WEEK AT CABRINI — OCTOBER 18TH — OCTOBER 25TH, 2020

ALL activities on this campus are cancelled until further notice.

Mass Attendance Guidelines and Protocols at St. Frances Cabrini Parish

Effective July 13, 2020:

New Guidelines and Protocols for Outdoor Religious Gatherings as per the Santa Clara Public Health Department and the Diocese of San Jose with a maximum limit of **60 persons** in attendance.

Holy Mass: Everyday (Monday – Sunday) at 8:30 am to be held in front of the Parish Ctr/ Parking Area: maximum of 60 persons.

Live-streamed Holy Mass on Facebook will continue on Saturday at 5:00 pm and Sunday at 11:00 am (private/no attendees.)

Bishop Oscar Cantú has extended the dispensation from the obligation to attend Mass; it remains in effect during this time for all Catholics in the Diocese of San Jose.

Protocols for Mass at SFC:

- Please observe social distancing at all times.
- Use face coverings at all times throughout the duration of Mass.
- Please avail of hand sanitizer and other disinfectants.
- Stay at your designated space throughout the duration of Mass.
- Seniors citizens, all persons 65 years and older, are asked to stay at home.
- Parishioners with existing compromised health conditions are asked to stay at home.
- If you have persistent cough or have a high temperature, please stay at home or seek professional medical advice and action.
- Families with little children (infants, toddlers, and children with compromised medical conditions) are asked to stay at home.

The church building and the parish office are still closed at this time pending further directives from the Diocese of San Jose and Santa Clara County Health Department.

— Fr. Joe, SFC Pastor

Collections Still Needed

Your weekly contributions are still very much needed at this time. Please send your envelope to the parish office via USPS or drop it in the mail slot by the parish office door. Use the church-provided envelopes for your contributions and please do not alter the envelopes by cutting them apart. For special collections, please make a second separate check payable to “St. Frances Cabrini Church” with the recipient of the collection written in the memo line. Your kindness is appreciated.



SVdP Outreach Needs You

SFC's SVdP Outreach continues to help with groceries. If you need groceries or you know of a family in need, please call SVdP. If you are able to donate to sustain this important ministry of serving those during these difficult times, reach out!

Call SFC's SVdP Outreach at **408-412-1926** or email sfcsvdvp@gmail.com if you are in need of groceries or if you can help us with a donation to provide groceries.

We are here to help! Stay Safe, Stay Connected!

Please Support Our Advertisers

We value the businesses that offer support to our parish through advertising. They make so many wonderful things, including this bulletin, possible. Please patronize these businesses, and let them know that you saw them here on the back cover of the bulletin.

First Communion Masses Still Available for 2019 – 20 Students

We are still encouraging the students from last year to sign up for a Mass held at 8:30 am Mondays – Sunday in October. We still have left Masses open for 2019 – 2020 students. Please email **Joan Schenck** at jschenck@sfc.school.org or **Maile Figone** at figonemaile@gmail.com stating they would like to set up a day for their child to receive communion at 8:30 am outside Mass.

SFC Parish Office Here to Help

The parish office is here to serve our parish community to best of our ability in order to get you the information you need. For questions about Faith Direct online giving or Sunday envelopes, please call **Sue Butler** at **408-879-1120 Ext. 18**. For baptisms or religious education questions, call **Joan Schenck** at **408-879-1120 Ext. 14**. For new parishioner registration or questions on your existing registration, call **Maile Figone** at **408-879-1120 Ext. 24**. For parish facilities, to request a mass intention or sacramental record, call **Jean O'Connell** at **408-879-1120 Ext. 20**.

As always, our latest weekly bulletin can be found online. We welcome you to visit www.sf Cabrini.org. The three gold bells that precede a link on the home page is where you will find details on the latest mandates regarding the COVID-19 virus. For Santa Clara County Health Department updates, go to www.sccgov.org/cv19.



Let Us Pray...

Let us pray for the people in our parish community who are homebound, sick, recovering, or are confined to rest homes, that Jesus be their strength and comfort.

This week we especially pray for **Sarah Schattel, Wesley Butler, William S. Navarrete, Darryl Cannon, Maritza P., Louise Fortin, Vincent Coffaro Sr., Ann Green, Ryan Mills, Christine Vodicka, Josie Hernandez, Alicia Carrillo, Logan Habicht, Freida Flocchini, Adrienne Mackey, Audrey Nicholas, Jim Tkach, Pat Boorn, Charlie Schenck, Julie Wright, John Smith, David Arena, Terry Lanier, Sue Coffaro, William Bebla, John Mackey, Minerva Ramsey, Joan Kolokowski, Sam Ajam, Jim O'Connell, Scott Reno, Maria Ventura, and George Midwin.**

Please keep them and their families in your prayers. Names are placed for eight weeks. To place a name on this list or if you see that you or a loved ones' name has been taken off and would like it placed back in "Let Us Pray" again, please contact Sue at 408-879-1120 Ext.18.

Faith Direct Giving Goes a Long Way

Thank you so much for the great response to signing up for Faith Direct. For those who haven't, please consider online giving.

Visit our parish website, click the "Donate Online" icon link at the bottom right of the screen, and log into your online giving account. Please let Sue Butler know if you would like to stop getting the regular Sunday envelopes mailed to you.



Employer Matching Gifts for Parish Giving

Did you know that many employers are offering a double matching gift for donations during the COVID 19 crisis? Please check with your employers to see what their policy is. Apple is one such company that is currently doubling the matching gifts contributions.

Faith Direct Online Giving from 9/16 – 9/30/2020

ACTUAL	\$9,755
BUDGETED PER WEEK	\$10,500
MISSION SUNDAY	\$236
SFC SCHOOL.....	\$1,121

Weekly Collections by Mail from 10/4 – 10/11/2020

ACTUAL	\$9,983
BUDGETED PER WEEK	\$10,500

Thank you for your kind generosity & support for St. Frances Cabrini.

The Act of Perfect Contrition

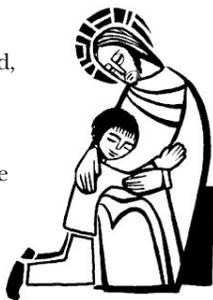
Shortly before the outbreak of World War II, Saint Maximilian Kolbe wrote a letter to his followers:

“Whoever can, should receive the Sacrament of Penance. Whoever cannot, because of prohibiting circumstances, should cleanse his soul by acts of perfect contrition: i.e., the sorrow of a loving child who does not consider so much the pain or reward as he does the pardon from his father and mother to whom he has brought displeasure.”

Those who may wrestle with the means and ability to make avail of the sacrament of Reconciliation during this pandemic might wish to cleanse their souls by “perfect contrition.” It is important to note that an “act of perfect contrition” includes the desire for the sacrament of Penance (or Reconciliation) and the intention to receive sacramental confession at the very first opportunity. (CCC 1452)

It is highly-recommended to include an act of contrition in your daily prayers:

O my God,
I am heartily sorry for
having offended Thee,
and I detest all my sins,
because I dread the loss of heaven,
and the pains of hell;
but most of all because
they offend Thee, my God,
Who are all good and
deserving of all my love.
I firmly resolve,
with the help of Thy grace
to confess my sins,
to do penance
and to amend my life.
Amen.



First Holy Communion 2020 Photos Needed

We are creating a photo collage of this year's first communicants for the bulletin, and the parish & school Facebook pages. Please send your photos to sfcevents@sfcabrini.org, but ONLY if you have signed a consent release form. We will only use a student's first name in our congratulations. Thank you so much.

Stay Connected to SFC Online

In these current times, it is more important than ever to stay connected to SFC online. Please read our web site, “Like” us on Facebook, and follow us on Instagram.

On Facebook:

Saint Frances Cabrini Parish, San Jose, CA

On Instagram: [sfcabrini_sj](https://www.instagram.com/sfcabrini_sj)

Our web site: www.sfcabrini.org



Religious Education News

By Joan Schenck, DRE • jschenck@sfc.school.org

Religious Education is open for registration for all classes in Grades 1st to 8th – 12th and new booklets have been ordered. We are waiting for all those who were with us last year and welcome new students too with open arms. Please let us know if you cannot join us. The classes will be fun and short—no need to worry about more screen time for your child. Please register at:

[Signup.com/go/rTMhTUt](https://signup.com/go/rTMhTUt)

The registration fee is the same \$125 per year, per family for all your children.

The deadline to register for a Sacrament is November 18th. Please read the SFC Parish Bulletin on line every week for updates. I am so happy to have all of us doing our best to share in your child's Family Faith Formation. Smile and stay safe! *Blessings, Mrs. Schenck*

Welcome to the Table of the Lord

Emma — she received her First Holy Communion on October 7th, 2020.



**GET THE SFC BULLETIN DIRECTLY
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Formed.org Pick of the Week: “Holiness is Always in Season” by Pope Benedict XVI

For a Christian, the way to reach perfection is to strive for holiness. What is true perfection? Christ's words are clear, sublime, and disconcerting, “Be perfect as your heavenly Father is perfect.” To have God as our model is a dizzying thought! Yet the Church reminds us that, “All the faithful, whatever their condition or state in life, are called by the Lord to that perfect holiness.”

This inspiring audiobook presents Pope Benedict XVI's numerous reflections on many saints arranged according to the calendar year. He shows how the life of each saint has something unique to teach us about virtue, faith, courage, and love of Christ. Dozens of saints are covered in this wonderful spiritual book. The Pope exhorts us through their lives, “Be holy! Be saints!”

If you haven't yet explored Formed.org, it is easy to use. Go to formed.org, click on “I belong to a parish/organization” and find our church by typing “St. Frances Cabrini San Jose, CA”, add your name and e-mail, and you will be set! As a gift from St. Frances Cabrini Church, there is absolutely no cost to you!

Keeping the Lord's Day by Bishop Oscar Cantú

During this pandemic, let us acknowledge our hunger for the Eucharist. Here are some practical suggestions for keeping the Lord's Day during this pandemic:

1. Set aside a specific time and even space for prayer; Identifying a particular place and time for prayer helps us to mark those moments and spaces as sacred;
2. Set aside times for family conversation, perhaps at a Sunday meal;
3. Make time to call friends and relatives to check in on them;
4. Connect with your parish, either virtually or in person, at Sunday Mass;
5. Set aside time for quiet meditation; just five minutes in the morning can make a big difference in how you respond to events throughout your day; it can help your attitude, your disposition to others, to challenging situations;
6. Pray before meals;
7. Make time for works of mercy, spiritual or corporal; they are beneficial not only to those to whom we reach out, but to us, as well;
8. As Christ is really present in his Word, parishioners find nourishment in reading and reflecting over the Scripture readings for Sunday Mass; face-to-face or virtual conversations might include sharing those words or phrases from Scripture that touched our heart;
9. As Christ is really present in the members of his Body gathered, parishioners find nourishment in encountering Christ in the parish community as well as in those most vulnerable among us; as this Sunday's Gospel reminds us: “Where two or three are gathered together in my name, there am I in the midst of them” (MT 18:20); using every means of communication with which we are blessed, we reach out to others;
10. Even though we may be unable to celebrate the Mass every Sunday, we may still keep faithful to two patterns which are the foundation of the Eucharist: thanksgiving and intercession. Sunday is the ideal time to reflect on the blessings and experiences of the previous week, and to offer thanks and praise to God for the grace of these divine encounters.
11. As faithful disciples, we then turn our thoughts from thanksgiving to intercession as we pray for the needs of our own Parish and Diocese to the needs of all brothers and sisters oppressed throughout the world.
12. And we recall that every Mass ultimately leads to mission. Before the sacred time of the Lord's Day draws to a close, we take a moment to commit ourselves to the particular mission which God sets before us, to the work that is ours to do in our family, our work place, our neighborhood, our community in union with the Risen Christ as he continually works to bring the redemption of the world to fulfillment.

Excerpt from Bishop Oscar Cantú's letter “Work, Rest, and Solidarity” : www.dsj.org/work-rest-and-solidarity/

St. Frances Cabrini Bulletin Submission Due Dates

To ensure publication, e-mail your submissions to sfbulletin@gmail.com 7 – 10 business days prior to the Sunday you wish to see your request or event in the bulletin. All requests for announcements should have prior approval from the Pastor.

PARISH MINISTRIES AND CONTACTS

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Tim Van Overenrcia@sfcabrini.org

RELIGIOUS EDUCATION & YOUTH MINISTRY

Joan Schenckjschenck@sfcpschool.org

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Donna Tkach (Morning Study) (408) 879-1120

Dave & Sue Keller (Evening Study) (408) 879-1120

CABRINI YOUNG ADULTS

Kelsey Ballardcabriniyoungadults@gmail.com

Join us @ St. Frances Cabrini Parish!

It's easy to register and stay up-to-date at SFC!

Fill in the information and drop this form into the collection basket. If needed, a registration form will be mailed to you.

NAME: _____

ADDRESS: _____

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